



FRYLANDS WOOD SCOUT OUTDOOR CENTRE

Schools Residential Kit List

Equipment Item (E = Essential A = Advised O = Optional)
Rucsac/Kit Bag(s) (E)
Warm Sleeping Bag (E)
Pillow (A)
Pyjamas / Nightwear (E)
Warm Hat & Gloves (E)
Sun Hat (A)
Waterproof, Warm Coat (E) & Waterproof Trousers (A)
Multiple Sweatshirts / Jumpers (E)
Multiple T-shirts / Shirts (E)
Shorts/Trousers or tracksuit bottoms (E)
Multiple Socks, Underwear (E)
Hike Boots/Strong Shoes (E)
Wellington Boots (A)
Training Shoes (O)
Hankies (O)
Personal Wash Kit (E), Sun Tan Lotion (E)
Towel(s) (E)
Polythene Bags to Separate Clean/Dirty Items (A)
Torch and Batteries (with spare bulbs) (O)
Pocket Money for Sweets and Souvenirs
Small Game(s)/Book(s)/Cuddly Friend (O)
Personal First Aid Kit (O)

Notes

- 1.** Black bin bags are not suitable for transporting kit and sleeping bags as they tear very easily, resulting in contents getting lost or wet in transit.
- 2.** Please label all items: place wash proof name labels in all clothing with, your son's/daughter's Name and School. Please label other items with either indelible ink and/or engraving as appropriate, with your son's/daughter's Name and School. (The old favourites of paper labels held on with Sellotape, or nail varnish dots are not suitable).
- 3.** We strongly recommend that young people do NOT bring mobile phones, expensive cameras, electronic games, iPods or mp3 players, expensive jewellery, expensive or favorite clothing or shoes.

Top Tips

Sleeping Bags

Synthetic filled bags are easier to clean than natural filling.

Footwear

Boots give better ankle support than trainers and walking shoes or boots have better grip than shoes or trainers.

Warm Wear

A number of layers are warmer than one thick one and the warmth can be regulated more easily - do not forget your hands and head.

Torch

Do not pack your torch with batteries fitted (or at the bottom of your kit) as it could easily get accidentally turned on and you will arrive at the camp/holiday with flat batteries.